

CHOICES Newsletter

YOUR CHOICES-YOUR WAY



NDIS Update

Over 1400 people are now currently NDIS participants in the ACT. This means the NDIA have achieved 93 per cent of their target. This still leaves about 3500 people still to transition before July 2016. The NDIA are

employing more staff and have opened a new office in Woden, as well as their offices in Braddon and Belconnen. The address is:

2-6 Bowes St Woden (sharing with Centrelink) Open Monday-Friday, 8.30am - 4.30pm

Some people are not activating their NDIS plans after their meeting with the NDIS planner. If you are unsure how to do this, please contact your planner or speak to your case worker here at CatholicCare or see info on back.



Welcome to the fifth edition of 2015

The new easier to use catalogue for funded NDIS supports and services, introduced by the NDIA on the 1 August 2015, should enable greater choice and flexibility for participants when making support arrangements with service providers. Participants should be able to purchase the supports from providers that best fit with the goals in their plans in a way that promotes better outcomes for people.

As a registered NDIS provider we now provide over 140 different types of high quality supports. These include assistance with daily life at home or in the community; improved daily living skills, including therapeutic supports such as counselling and speech therapy; increased social and community participation; social skills development and behaviour management; transport; home maintenance; and supports coordination. Our extensive range of individual supports allows us to tailor services to your needs and ensure you have the best life possible.

If you have just received your plan or would like more information about the supports we provide, please call CatholicCare and ask for CHOICES or NDIS services.

Phone 6162 6100 for counselling and speech therapy, 6195 4300 for behaviour management or 6163 7600 for all other CHOICES / NDIS services.

What's happening in October

NDIA Pre Planning Workshops

Would you like help to prepare for your planning conversation? Are you unsure of what an NDIS planning conversation might be like? The NDIA are running regular workshops for participants, families and carers to assist with understanding NDIS processes. In these sessions the NDIA will:

- Explain how the NDIS works
- Provide tools to help you identify your goals and aspirations
- Explain and assist you to prepare for the planning conversation

GUNGAHLIN LIBRARY	TUESDAY	WEEKLY	10.30am - 11.30am 1.00pm - 2.00pm
NDIA BRADDON OFFICE	MONDAY	2 November 2015 7 December 2015	4.00PM – 5.00PM
TUGGERANONG LIBRARY	THURSDAY	WEEKLY	10.30am - 11.30am 1.00pm - 2.00pm

Managing your plan... What's next?

You have your plan, but are unsure what to do next? The NDIA are running small group sessions each week to help you start using your plan. Meet with other families and learn more about:

- Accessing the Participant Portal
- Choosing and working with a Provider
- Community and Mainstream information and linkage
- Question and Answer time on getting the best out of your plan

NDIA BRADDON OFFICE	MONDAY	Weekly	10.30am - 11.30am
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VENUES

GUNGAHLIN LIBRARY

CNR OF HIBBERSON & GOZZARD ST
GUNGAHLIN ACT 2912

TUGGERANONG LIBRARY

COWLISHAW STREET
TUGGERANONG ACT 2900

NDIA BRADDON OFFICE

212 NORTHBOURNE AVE
BRADDON ACT 2612

PLEASE RSVP BY EMAILING communityact@ndis.gov.au OR CALL (02) 6146 8200.

Please advise the names of those attending, contact phone number and any support requirements. Both Libraries are fully accessible and have ample parking. Friends, family and carers welcome.

www.catholiccarechoices.org.au